

soul

SOOTHE YOUR
soul

body



BOOK TODAY

044 382 000 | BLISS@EMAIL.CO.ZA
T&C'S APPLY | *CANCELLATION OF 50% APPLIES 24
HOURS BEFORE APPOINTMENTN

DAY SPA

MASSAGE THERAPY

	30min	45min	60min	90min
Swedish	R300	R380	R480	R580
Aromatherapy	R350	R430	R530	R630

ADD ONS*

Indian Head Massage	30min	R250
Foot Massage	30min	R250

PRESSURE POINT FOOT MASSAGE

Includes soak, scrub and feedback 45min | R400

GROOMING

Full leg	R350
Half leg	R250
Hollywood	R250
Brazilian	R200
Bikini	R180
Underarm	R150
Arm	R250
Full face (lip, brows and chin)	R200
Brow / Lip / Chin	R80

DAY SPA PACKAGES

JETLAG JUMPSTART 1.5 HOURS | R580 PP
Full body massage + Foot treatment

COUPLES PARADISE PACKAGE 2.5 HOURS | R1100 PP
*Full body massage, Esse Experience facial + foot ritual
(Includes a glass of bubbly on arrival)*

ULTIMATE BLISS EXPERIENCE 3 HOURS | R1500 PP
*Full Body Swedish Massage, Esse Experience Facial,
Full Pedicure + Express Manicure (Includes glass of
bubbly on arrival)*

SKINCARE THERAPY 60min | R480

Esse Experience Facial

Deep Cleansing / Hydrating / Anti ageing

Includes extractions if requested

HANDS & FEET 60min | R300

Full Manicure 30min | R200

Express Manicure 75min | R380

Full Gel Manicure 60min | R280

Express Gel Manicure 60min | R300

Full Pedicure 30min | R200

Express Pedicure 75min | R380

Full Gel Pedicure 30min | R280

Express Gel Pedicure

BROWS & LASHES

Microblading	1st session	R1200
	Touch up	R800

GIFT VOUCHERS AVAILABLE

Light lunches available from our restaurant
Tuscano Ristorante.

Speak to us for more information!

